



# The PROBUS LANTZVILLE CLUB NEWSLETTER

May 2015

Chartered 25/10/2001

P.O. Box 514, Lantzville, BC, V0R 2H0

## PRESIDENT'S MESSAGE



Our Spring Celebrations continued with a fantastic Luncheon and venue at the Fairwinds Golf Club.

We have to consider ourselves lucky to be on Vancouver Island. Just imagine fresh local strawberries in about two weeks (well ahead of schedule) thanks to our very early start to Spring.

As we prepare for our friendships of summer, thanks and gratitude set in for our peaceful life on the Island while many others suffer in turmoil around the world.

Cheers,

**Keith McGregor**  
President

## MANAGEMENT COMMITTEE

<b>President</b>	Keith McGregor	250-758-6384
<b>Vice-President</b>	Phil Wilson	250-468-9418
<b>Past President</b>	Lia Van Wassenaar	250-751-1801
<b>Treasurer</b>	George Norris	250-585-3601
<b>Secretary</b>	Allan McAskile	250-248-9386
<b>Membership</b>	Dan & Sharon Tettamanti	250-729-9668
<b>Social Activities</b>	Barry Chapman	250-758-6976
<b>Sunshine Person</b>	Dianna Bradley	250-585-5636
<b>Webmaster/Newsletter</b>	Brendan & Annabel Rogers	250-585-6684

### **Thursday 28<sup>th</sup> May – Next Monthly General Meeting**

9:30 am. At Costin Hall, Lantzville

**(Please Remember Your Coffee Mug)**

No Promotion, Advertisements Or Solicitation For Non-Probus Related Causes Is Permitted At Our General Meetings Or Our Activities

## MEMBERSHIP

As of **May 12<sup>th</sup>** we had 211 paid-up members

## MEETING NOTICES

### **APRIL 23<sup>rd</sup> 2015 (last meeting)**

Click [here](#) to open the Minutes of the General Meeting directly.

### **MAY 28<sup>th</sup> 2015 (next meeting)**

#### **Speaker: Scott Warren**

S/Sgt. Scott Warren has been in the RCMP for the better part of 33 years. He has been stationed in Alberta in general duty policing and highway patrol, in Ontario as firearms instructor, Diplomatic Security and SWAT team leader, in Saskatchewan at the National Training Academy, and in BC on general duty, bike patrol, Emergency Response Team and as a Labour Representative.

S/Sgt. Warren was stationed in Kabul, Afghanistan for 12 months with two other Mounties where they were teaching the National GDPSU (SWAT) basic police skills. He will be speaking to us on the role of Canadian police in Afghanistan: logistic issues, costs, culture; and about the risks encountered, the ongoing war, and the people.

### **JUNE 25<sup>th</sup> 2015 (following meeting)**

#### **Speaker: Scott Valliere**

Scott Valliere is the owner of Harbour Homes Marina, which has plans to re-develop the old Nanaimo Shipyards site at the north end of the Harbourfront Walkway. He has been working on this project for 3 yrs and is now ready to begin construction of 60 float homes in the Nanaimo harbour. This is the first time float homes have been allowed in Nanaimo and is the first part of a three-phase development.

Scott will outline the plans for the the float home marina, as well as the plans for the future phases of the project and improvements to the amenities of the area. Scott is a fifth generation Nanaimoite and has been a builder in Nanaimo and on Vancouver Island for 33 years.

If anyone has suggestions for meeting speakers or topics, please contact **Phil Wilson** on **250-468-9418**.

## BIRTHDAYS

### **MAY**

Alan Deamer, Anne Rasmussen, Arlene McCulloch, Barbara Wilson, Christina Kjerulf, Janet Winton, Lynda Farrell, Marie Hammons, Marie Rickwood, Mary Dickie, Richard Chahley, Trudy Teneycke, Vivian Streader, Wayne Schaefer, Zorka Becir.

### **JUNE**

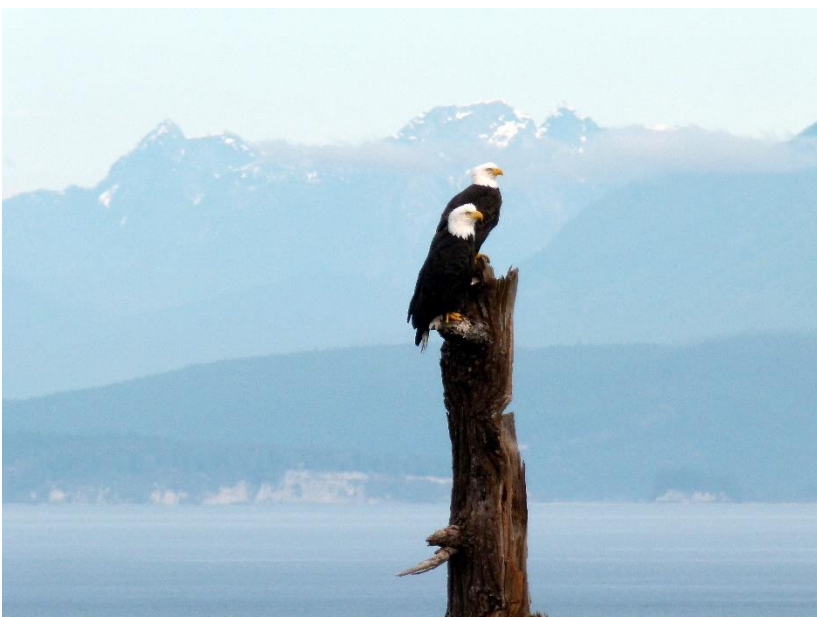
Carol Halliwell, Dan Tettamanti, Deb Thomson, Edward Lord, George Fulton, Gloria Johnson, Graham Savage, Jack Whittaker, Jim Holland, Joe Samarin, John Collett, Ken Lemmon, Len Klatt, Liz Barker, Marian Lord, Ronald Walker, S. Barry Jones, Suzanne Brothers.

## PRESENTATION

Those members present at the last General Meeting will remember that Certificates were awarded to Jim Tucker, Keith Trail and Ron Medd in Recognition of their contribution to the formation of the Lantzville Probus Club. Club member Gary Brothers was there with his camera to record the occasion:



## PHOTOGRAPHY SECTION



Elsewhere in Nanaimo, this pair of Eagles was spotted on an old tree, surveying their territory.

If any member has interesting photos they would like to share, please contact the Newsletter Editor.

### Nanaimo Art Gallery Tour

A **Nanaimo Art Gallery** Tour and Wine & Cheese event has been arranged for **Friday 5th June** from 5 - 7 pm. The theme of the exhibition is Spirit Gum.

There are still a small number of tickets available at the all-inclusive price of \$10. Contact Janet McGregor on 250-758-6384 as soon as possible if you plan to attend as there is a strict limit of 40.

### PROBUS Summer Bar-B-Q

Our Summer Bar-B-Q will be held on Thursday August 27<sup>th</sup>.

I am currently looking for members to coordinate the following tasks:

**Catering Coordinator:** Ken Lemon has stepped up to take on this one.  
Thanks Ken

**Hall Set-up Coordinator:** This would include coffee set up, table and chairs, table settings and sound system.

**Games Coordinator:** To plan activities such as Bocce Ball, Ladder Ball, Croquet and Bean Bag Toss. After the events, the results would need to be tabulated and prizes awarded.

**Clean-up Crew Coordinator:** To organize the cleaning up and taking down of tables at the hall.

Once these positions are filled we'll start the planning meetings, and will then call for volunteers for each of the tasks.

I am still looking at venues and will make an announcement in due course. Let's all work together and have a great summer event.

Please contact me at the following,  
**Barry Chapman**  
Email: rbchapman@telus.net  
Phone: 250-758-6976, cell 250-713-3594

## ACTIVITY NOTICES

### Walking Group (Wednesdays)

- May 20** Neck Point Park – meet in the Neck Point parking lot off Hammond Bay Rd.
- May 27** Morrell Sanctuary – meet in the Morrell parking lot off Nanaimo Lakes Rd.
- June 3** Rath Trevor Beach – meet in the Rath Trevor Beach parking lot
- June 10** Westwood Lake – meet in the Westwood parking lot at the top end of Westwood Rd.
- June 17** Nanaimo Waterfront – meet in the top parking lot at Maffeo Sutton Park
- June 24** Newcastle Island – meet at the Newcastle Island Ferry Dock in Maffeo Sutton Park.

Convenors: Phil Wilson, 250-468-9418 and Doreen Schaefer, 250-729-8007.

### Dining Out Group

The **May** Dining Out will be on **Friday, May 22<sup>nd</sup>** at 6:00 pm at Manvirro's Indian Grill, 1045B Terminal Ave, Nanaimo.

The **June** Dining Out will be on **Friday, June 26<sup>th</sup>** at 6:00 pm at La Stella Trattoria, 321 Wesley Street, Nanaimo.

Convenor: Helen Lemmon, 250-753-6681

### Ladies Lunch Group

The June Ladies Luncheon will be on **Thursday, June 11<sup>th</sup>** at noon at Alexandra's, 2220 Bowen Rd, Nanaimo. Featured will be seafood specials as well as all the favourite Greek dishes for which Bobby is famous.

Convenor: Barbara Samarin, 250-390-2805 or bjsamarin@shaw.ca

## SUGGESTIONS NEEDED

As Keith McGregor announced at the last General Meeting, October 2016 will be the 15<sup>th</sup> anniversary of the Club's inauguration. If anyone has any suggestions for events to mark the occasion, would they please pass them on to Keith, or any other member of the Management Committee. Thank You.

## Other Probus Groups

Our club receives newsletters from PROBUS Canada every quarter, containing various articles about the organisation in Canada as a whole. If you are interested, the latest issue (**March 2015**) is available on their website ([click here](#)).

Also on the PROBUS Canada website ([click here](#)) you will find links to the newsletters of other PROBUS local clubs, and where they have one, their websites. For example all the BC clubs are listed [here](#).

The **Spotted Dick** pudding mentioned at the last General Meeting obviously underwent major changes travelling across the Atlantic to Newfoundland! Here's the original:

## Old English Spotted Dick Traditional Steamed Pudding.



**Serves 6**

### Ingredients

- 300g/10oz **plain flour**
- 10g/2 tsp **baking powder**
- 150g/5oz **shredded suet**
- 75g/3oz **caster sugar**
- 110g/4oz **currants**
- 1 **lemon, zest only**
- 200ml/7fl oz **milk**
- **butter**, for greasing

**Cooking Time: Steaming - 2 hours or Slow cooker – 4 hours on low**

### Method

1. Place the flour, baking powder, shredded suet, caster sugar, currants and lemon zest into a bowl and mix to combine.
2. Add the milk and stir to make a soft dough.
3. Grease a medium pudding basin with butter and spoon the mixture into the basin. Cover with a double piece of folded greaseproof paper.
4. Tie around the edge with string or a rubber band to secure the paper.
5. If steaming, place the basin into a large lidded saucepan and fill two-thirds of the way up with water. Bring to a boil and then simmer very slowly for 2 hours.
6. If slow cooking, fill pot halfway with hot water, place pudding on upturned saucer and cook on low for 4 hours.
7. Leave to stand for 15 mins, then turn out onto serving dish.
8. Serve with lashings of thick hot custard.

## INTEREST GROUPS

- BRIDGE, MIXED** Convenors, **Mervyn & Marlene Jones** 250-751-1785 or call Gary & Suzanne Brothers (when the Joneses are away) 250-758-0877 the location is St. Philips-by-the-Sea Anglican Church on Lantzville Road; meets on *alternate* Thursdays at 7:00 p.m. ([MAP](#)).
- BOWLING** The North Nanaimo Probus Club has invited the Lantzville Club to bowl with them the Last Tuesday of each month at 3:30 pm at BRECHIN LANES. This is two games of mixed bowling and everyone is welcome.
- CHAIR SET UP** **Al Whitcomb** 250-729-0378 and **Wayne Schaefer** 250-729-8007. Helpers welcome. Contact Al or Wayne.
- COFFEE SET UP** **Joan Sawicki** 250-756-4679, Helpers wanted, contact Joan.
- CRAFTS** Convenor (Group 1), **Arlene McCulloch** 250-751-8898.  
Convenor (Group 2), **Margaret Carmichael** 250-758-4729.
- CURLING** Convenor, **Doreen Schaefer** 250-729-8007
- DINING OUT** Convenors, **Helen Lemmon** 250-753-6681. Meets the 4th Friday of every month at 6:00 pm at a restaurant to be selected.
- DRINKS & APPIES** Convenor, **Bill Joss** 250-756-1181. If you are new to Drinks & Appies and would like to join: Functions are held the third weekend of each month with two homes participating. It is a reciprocal agreement where, if you join, you are expected to "Host" a function. Small or large homes, it's always fun. Info for where and when will be on a sign-up sheet at each General Meeting.
- GOLF, MIXED** Convenor, **Mervyn Jones** 250-751-1785.
- HELPING HANDS** A list of members who have volunteered to help anyone needing assistance. Call **Dianne Tucker**, at 250-758-8042.  
  
Back-up: Janet McGregor at 250-758-6384, Carmen Aziz at 250-758-4258
- HIKING GROUP** Meets every Thursday but not the 4th Thursday.  
Convenors: **Brenda Savage**, 250-390-3368,  
**Mervyn Jones**, 250-751-1785.
- LADIES BOOK CLUB**  
Group 1 Convenor **Adele Klatt**, 250-758-0906  
Group 2 Convenor **Janet McGregor**, 250-758-6384. This group has space for some new members and meets on the first Wednesday of each month from 1:30 to 3:30 pm at members' homes.
- LADIES BRIDGE** Convenor, **Barb Myden**, phone 250-756-0804. Ladies Monday Afternoon Bridge Group; held on *alternate* Monday afternoons. Time: 1:00 – 4:00 pm.

## LADIES COFFEE 'N CHAT

Convenor **Barb Norris**, 250-585-3601. The group meets at 2:00 pm on the 2nd Tuesday each month at Polly Anna's High Tea House, Nanaimo North Shopping Centre, 201-4950 Rutherford Road.

## LADIES LUNCH GROUP

Convenor is **Barb Samarin** at 250-390-2805. Meets the 2<sup>nd</sup> Thursday of each month.

## MEN'S BRIDGE

Convenor, **Lawrence Johnson** 250-760-0113, there are two groups who meet on alternating Wednesdays from September to April, with a 4 week break around Christmas. Each player takes a turn hosting in their home at 6:30 pm. ***We are always looking for new players as regulars or those who are willing to substitute on an "as needed" basis.***

## MEN'S COFFEE

Convenor, **Ron Walker** 250-756-1949. The group meets every **Tuesday at 10:00 am** at the Windward Pub, Beaufort Centre, Boundary Crescent, across from the hospital.

## NIGHT AT THE MOVIES

Convenor is **Barb Samarin** at 250-390-2805. This group meets on Tuesday evenings to enjoy a movie of their selection. The date each month depends on which movie is chosen.

## PUB NIGHT

Convenors, **Carolyn Fyfe** 250-756-1307 or **Alan Whittall** 250-758-7965. Meets the 3<sup>rd</sup> Tuesday of each month.

## PHOTO CLUB

Convenor **Lia Van Wassenaar**, 250-751-1801. Back-up: Margaret Pierce, 250-390-4893. Every 1<sup>st</sup> and 3<sup>rd</sup> Tuesday, 10:00 am -12:30 pm including 'on-location shoot' and 'show and tell' with lunch to follow. Meeting location to be determined monthly.

## RAMBLERS

Convenor, **John Halliwell**. Meets Thursdays but *not* the 4th Thursday. Ramblers will be notified by e-mail if a ramble is planned. (Note: "NO DOGS" policy.)

## SOUND MAN

**Gary Brothers** at 250-758-0877. Back-up: Keith Trail, 250-751-1055 or Don Carmichael at 250-758-4729.

## SUNSHINE

If anyone has a special event in their life, such as a significant birthday, anniversary, new grand/great grandchild you would like to share with us, or if you know of any member who is unwell or in need of a little "sunshine" in their life, please contact **Dianna Bradley**, 250-585-5636. Please notify Dianna if you know of anyone who would appreciate a card.

## WALKING GROUP

Convenors, **Phil Wilson**, 250-468-9418 and **Doreen Schaefer**, 250-729-8007. Unless otherwise stated all walks start at 10:00 am and last for about an hour and a half on well-established trails, usually finishing at a coffee shop to discuss current events and set the world to rights. (Dogs welcome)