



# The PROBUS LANTZVILLE CLUB NEWSLETTER

January 2016

Chartered 25/10/2001

P.O. Box 514, Lantzville, BC, V0R 2H0

## PRESIDENT'S MESSAGE



As 2015 fades into the past I'd like to thank Lynda and Pauline for organizing the Christmas lunch. Barb and I unfortunately missed the event as we decided December was a good time to take a vacation in a sunnier climate.

Holidays are often remembered when things don't really go as planned. The first morning in Florida we got stuck in an elevator between floors, a bit stressful, but a couple that happened to be in the elevator at the same time owned a paint store, thus we learned quite a bit about modern paints. Later in the day when I lost my glasses on the beach it kind of rounded out the day. (And then three weeks wearing sun glasses.)

Our cruise went well and we experienced some interesting sites. The poor living conditions in parts of Panama and Costa Rica made us aware of how good we have things living in such a great part of the world.

So in the past I learned that I can no longer complain about our health system and now more than ever realize that we have things pretty darn good in Canada and thus no complaints about where and how we live.

Happy New Year.

**Phil Wilson**

President

**Thursday 25<sup>th</sup> February – General Meeting**

9:30 am – Costin Hall

**(Please Remember To Bring Your Coffee Cups)**

No Promotion, Advertisements Or Solicitation For Non-Probus Related Causes Is Permitted At Our General Meetings Or Our Activities

## MANAGEMENT COMMITTEE 2014-15

<b>President</b>	Phil Wilson	250-468-9418
<b>Vice-President</b>	Barry Chapman	250-758-6976
<b>Past President</b>	Keith McGregor	250-758-6384
<b>Treasurer</b>	George Norris	250-585-3601
<b>Secretary</b>	Allan McAskile	250-248-9386
<b>Membership</b>	Dan & Sharon Tettamanti	250-734-1383
<b>Social Activities</b>	Barry Chapman	250-758-6976
<b>Sunshine Person</b>	Dianne Tucker	250-758-8042
<b>Webmaster/Newsletter</b>	Brendan & Annabel Rogers	250-585-6684

## MEMBERSHIP

As of January 12<sup>th</sup> we had 195 paid-up members. A copy of the current members list is available upon request by email from Dan Tettamanti (dstettamanti@hotmail.com).

## MEETING NOTICES

### NOVEMBER 26<sup>th</sup> 2015 (last meeting)

Click [here](#) to open the Minutes of the General Meeting directly.

### JANUARY 28<sup>th</sup> 2015 (next meeting)

#### Speakers: Amy Shepherd and Lonny Barr

Amy Shepherd and Lonny Barr are both pharmacists from an award winning Pharmasave Drug store in Parksville. They are going to speak to us about how we should prepare ourselves for travel outside our country as well as changes to vaccinations and general senior health issues.

Amy graduated from the University of Toronto in 2001, and started working at Parksville Pharmasave shortly after they opened in 2003. She has taken certification in Palliative Care, and since 2010 has been certified to give injections. Amy has given so many flu shots she's lost count but it's well over 1000 by now. Amy has also taken advance training in travel medicine.

Before graduating from UBC in 2008, Lonny did one of his internships at Parksville Pharmasave and really loved the store, staff and customers. After finishing a 2 year contract in his hometown of Port Alberni, he was quick to come back and join the team as a Pharmacist in 2010. Since then he has been trained in Medication Management as well as certified to give injections. Lonny has also taken advance training in travel medicine. Outside of work, he volunteers with Arrowsmith Search and Rescue and spends his time mountain-climbing, surfing, wake-boarding, snowboarding and taking photos.

### FEBRUARY 25<sup>th</sup> 2015 (following meeting)

#### Speaker: Bob Morris

Bob is currently the president of the Canadian Wildlife Federation, a member of the Vancouver Island Marmot Recovery Team and president of Wildlife Records Club of BC.

## BIRTHDAYS

### JANUARY

Brendan Rogers, Brian Rodgers, Dianne Tucker, Doreen Schaefer, Edie Barker, Ella Haylock, Erika Smith, Ernie Fyfe, Gary Brothers, Giselle Roeder, James Callanan, Joan Honig, Keith McGregor, Kurt Simonson, Malcolm Dickie, Mervyn Jones, Olaf Nordstrom, Pauline Brigden, Phil Wilson, Rita Ellis, Stan Blood.

### FEBRUARY

Annabel Rogers, Barbara Myden, Barbara Norris, Barbara Samarin, Berta Trail, Dorothy Johnson, Janet McGregor, Neil Sorsdahl, Stan Mackey, Tom Langer, Verna Medd.

## ACTIVITY NOTICES

### Walking Group (Wednesdays)

The walks all start at 10:00, except where noted. Try coming a little earlier, as we leave right at 10:00am.

- January 20** Westwood Lake – meet in the parking lot at the end of Westwood Rd.
- January 27** Moorecroft Park (Nanoose Bay) - Northwest Bay rd. To Stewart Rd and watch the signs.
- February 3** Neck Point – meet at Neck Point parking lot off Hammond Bay Rd.
- February 10** Morrell Sanctuary – meet in the Morrell parking lot off Nanaimo Lakes Rd.
- February 17** Rath Trevor Beach – meet in the Rath Trevor parking lot (Parksville).
- February 24** Nanaimo Waterfront – meet in the upper parking lot at Maffeo Sutton Park.

Convenors: Doreen Schaefer, 250-729-8007 and Phil Wilson, 250-468-9418.

### Dining Out Group

The **January** event will be on **Friday, January 22<sup>nd</sup> @ 6:00pm** at:

Rewster's Restaurant,  
223 Commercial Street,  
Nanaimo. (250-755-7836)

The **February** event will be on **Friday, February 26<sup>nd</sup> @ 6:00pm** at:

Minnoz Restaurant and Lounge,  
Coast Bastion Hotel,  
11 Bastion St,  
Nanaimo. (250 753-6601)

Convenor: Helen Lemmon, 250-753-6681

## Ladies Lunch Group

The **February** Ladies Lunch event will be on **Thursday, February 11<sup>th</sup> @ noon** at:

Riso,  
7217 Lantzville Rd,  
Lantzville

Convenor: Barbara Samarin, 250-390-2805 or bjsamarin@shaw.ca

## SUGGESTIONS NEEDED

**October 2016 will be the 15<sup>th</sup> anniversary of the Club's inauguration. If anyone has any suggestions for events to mark the occasion, would they please pass them on to Phil Wilson, or any other member of the Management Committee. Thank You.**

## OTHER PROBUS GROUPS

PROBUS Canada publishes a newsletter every quarter, containing various articles about the organisation in Canada as a whole. If you are interested, the latest issue (**September 2015**) is available on their website ([click here](#)).

Also on the PROBUS Canada website ([click here](#)) you will find links to the newsletters of other PROBUS local clubs, and where they have one, their websites. For example all the BC clubs are listed [here](#).

### Puns For The Cognoscenti

1. The fattest knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi.
2. She was only a whisky-maker, but he loved her still.
3. A rubber-band pistol was confiscated from an algebra class, because it was a weapon of math disruption.
4. No matter how much you push the envelope, it'll still be stationery.
5. A dog gave birth to puppies near the road and was cited for littering.
6. A grenade thrown into a kitchen in France would result in Linoleum Blownapart.
7. Don't join dangerous cults; practice safe sects.
8. Atheism is a non-prophet organization.
9. Two hats were hanging on a hat rack in the hallway. One hat said to the other: "You stay here; I'll go on a head."
10. The midget fortune-teller who escaped from prison was a small medium at large.
11. A backward poet writes inverse.
12. In a democracy it's your vote that counts. In feudalism it's your count that votes.
13. When cannibals ate a missionary, they got a taste of religion.
14. If you jumped off the bridge in Paris, you'd be in Seine.
15. A vulture carrying two dead raccoons boards an aeroplane. The stewardess looks at him and says, "I'm sorry, sir, only one carrion allowed per passenger."
16. Two fish swim into a concrete wall. One turns to the other and says, 'Dam!'
17. Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft. Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too.
18. Two hydrogen atoms meet. One says, "I've lost my electron." The other says, "Are you sure?" The first replies, "Yes, I'm positive."
19. Did you hear about the Buddhist who refused Novocain during a root-canal? His goal: transcendental medication.
20. There was the person who sent ten puns to friends, with the hope that at least one of the puns would make them laugh. No pun in ten did.

## INTEREST GROUPS

- BRIDGE, MIXED** Convenors, **Mervyn & Marlene Jones** 250-751-1785 or call Gary & Suzanne Brothers (when the Joneses are away) 250-758-0877 the location is St. Philips-by-the-Sea Anglican Church on Lantzville Road; meets on *alternate* Thursdays at 7:00 p.m.
- BOWLING** The North Nanaimo Probus Club has invited the Lantzville Club to bowl with them the Last Tuesday of each month at 3:30 pm at BRECHIN LANES. This is two games of mixed bowling and everyone is welcome.
- CHAIR SET UP** **Al Whitcomb** 250-729-0378 and **Wayne Schaefer** 250-729-8007. Helpers welcome. Contact Al or Wayne.
- COFFEE SET UP** **Lia Van Wassenaar** 250-751-1801, Helpers wanted, contact Lia.
- CRAFTS** Convenor (Group 1), **Arlene McCulloch** 250-751-8898.  
Convenor (Group 2), **Margaret Carmichael** 250-758-4729.
- CURLING** Convenor, **Allan McAskile** 250-248-9386
- DINING OUT** Convenor, **Helen Lemmon** 250-753-6681. Meets the 4th Friday of every month at 6:00 pm at a restaurant to be selected.
- DRINKS & APPIES** Convenor, **Carole Bullock** 250-751-3709. If you are new to Drinks & Appies and would like to join: Functions are held the third weekend of each month with two homes participating. It is a reciprocal agreement where, if you join, you are expected to "Host" a function. Small or large homes, it's always fun. Info for where and when will be on a sign-up sheet at each General Meeting.
- GOLF, MIXED** Convenor, **Mervyn Jones** 250-751-1785.
- HELPING HANDS** A list of members who have volunteered to help anyone needing assistance. Call **Dianne Tucker**, at 250-758-8042.  
  
Back-up: Janet McGregor at 250-758-6384, Carmen Aziz at 250-758-4258
- HIKING GROUP** Meets every Thursday but not the 4th Thursday.  
Convenors: **Brenda Savage**, 250-390-3368,  
**Mervyn Jones**, 250-751-1785.
- LADIES BOOK CLUB**  
Group 1 Convenor **Adele Klatt**, 250-758-0906  
Group 2 Convenor **Janet McGregor**, 250-758-6384. This group has space for some new members and meets on the first Wednesday of each month from 1:30 to 3:30 pm at members' homes.
- LADIES BRIDGE** Convenor, **Barb Myden**, phone 250-756-0804. Ladies Monday Afternoon Bridge Group; held on *alternate* Monday afternoons. Time: 1:00 to 4:00 pm.

## LADIES COFFEE 'N CHAT

Convenor **Barb Norris**, 250-585-3601. The group meets at 2:00 pm on the 2nd Tuesday each month at Polly Anna's High Tea House, Nanaimo North Shopping Centre, 201-4950 Rutherford Road.

## LADIES LUNCH GROUP

Convenor is **Barb Samarin** at 250-390-2805. Meets the 2<sup>nd</sup> Thursday of each month.

## MEN'S BRIDGE

Convenors, **John Collett** 250-729-0198 and **Bob Jordan** 250-729-9939. We meet on alternating Wednesdays from September to April, with a 4 week break around Christmas. Each player takes a turn hosting in their home at 6:30 pm. *We are always looking for new players as regulars or those who are willing to substitute on an "as needed" basis.*

## MEN'S COFFEE

Convenor, **Ron Walker** 250-756-1949. The group meets every **Tuesday at 10:00 am** at the Windward Pub, Beaufort Centre, Boundary Crescent, across from the hospital.

## NIGHT AT THE MOVIES

Convenor is **Barb Samarin** at 250-390-2805. This group meets on Tuesday evenings to enjoy a movie of their selection. The date each month depends on which movie is chosen.

## PUB NIGHT

Convenors, **Dot Johnson** 250-933-6331, or **Alan Whittall** 250-729-3108. Meets the 3<sup>rd</sup> Tuesday of each month.

## PHOTO CLUB

Convenor **Lia Van Wassenaar**, 250-751-1801. Back-up: Margaret Pierce, 250-390-4893. Every 1<sup>st</sup> and 3<sup>rd</sup> Tuesday, 10:00 am -12:30 pm including 'on-location shoot' and 'show and tell' with lunch to follow. Meeting location to be determined monthly.

## RAMBLERS

Convenor, **John Halliwell**. Meets Thursdays but *not* the 4th Thursday. Ramblers will be notified by e-mail if a ramble is planned. (Note: "NO DOGS" policy.)

## SOUND MAN

**Gary Brothers** at 250-758-0877. Back-up: Keith Trail, 250-751-1055 or Don Carmichael at 250-758-4729.

## SUNSHINE

If anyone has a special event in their life, such as a significant birthday or anniversary that they would like to share with us, or if you know of any member who is unwell or in need of a little "sunshine" in their life, please contact **Dianne Tucker**, 250-758-8042.

## WALKING GROUP

Convenors, **Doreen Schaefer**, 250-729-8007, and **Phil Wilson**, 250-468-9418. Walks take place each Wednesday. Unless otherwise stated all walks start at 10:00 am and last for about an hour and a half on well-established trails, usually finishing at a coffee shop to discuss current events and set the world to rights. (Dogs welcome)